

Partner responses to men with low sexual desire & associations with sexual well-being

We wanted to know how partner's responses to low sexual desire in men with Hypoactive Sexual Desire Disorder were associated with sexual desire, sexual satisfaction, and sexual distress for both partners.

Partner responses to low desire among couples coping with male hypoactive sexual desire disorder and associations with sexual well-being

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*Scroll to see
what we found!*



Hypoactive Sexual Desire Disorder (HSDD) is a diagnosis for people who experience **low sexual desire** for at least 6 months causing significant distress

Low sexual desire has been linked with **greater distress** and **lower relationship satisfaction and quality**



Previous research shows that for women, a **partner's response** and how women **perceive the response** to their low sexual desire is associated with their sexual well-being.

But what about men experiencing HSDD?



we wanted to know...

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How do partner responses and perceived responses to low sexual desire affect the sexual well-being of men experiencing HSDD



$N = 67$

we recruited couples where one partner had symptoms of HSDD or was diagnosed with HSDD



Couples received online surveys where men with HSDD reported their **perceptions of their partner's responses**. Their partners **reported their own responses** to the low sexual desire in their relationship. Couples also reported their **sexual desire, sexual satisfaction, and sexual distress**



we found that...

Perceived and **self-reported** partner responses to low sexual desire were an **important factor** in **sexual well-being**

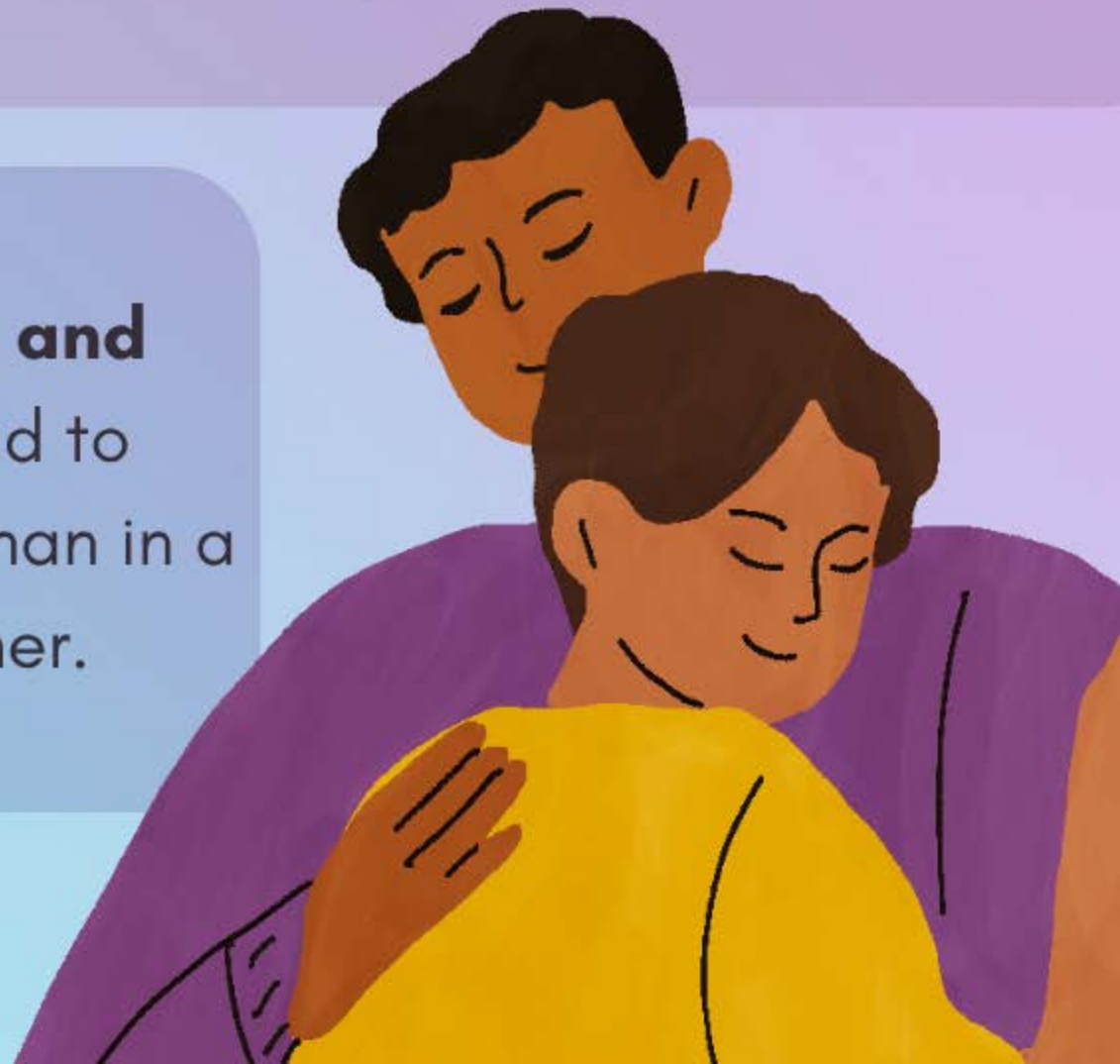


Men who perceived responses to be **facilitative** and partners who reported **facilitative responses** had **greater sexual well-being** than **avoidant or negative** perceived and reported responses

so, what does all of this mean?

How men with HSDD **perceive partner responses** and **how partners respond** to low sexual desire has an impact on their **sexual well-being and satisfaction**

Responding in a **facilitative and supporting** manner can lead to **greater sexual satisfaction** than in a negative or avoidant manner.



These findings can help clinicians who work with couples that experience HSDD navigate their sexual-wellbeing by focusing on perceived and reported responses to low sexual desire!



This is a summary of our published article:

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Blog post and infographic by Kaitlin Myers