

THE LINK BETWEEN FINANCIAL BURDEN AND QUALITY OF LIFE ON YOUR SEX LIFE

Is the financial stress of medically assisted reproduction (MAR) connected to quality of life and sexual well-being?

Perceived financial burden is indirectly linked to sexual well-being *via* quality of life among couples seeking medically assisted reproduction



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*Scroll to see
what we found!*



Research has found that couples undergoing Medically Assisted Reproduction (MAR) experience financial stress and poorer sexual well-being, as individual factors,

... BUT research has not looked at how finances predict sexual well-being during treatment for couples.



WE WANTED TO KNOW:



1

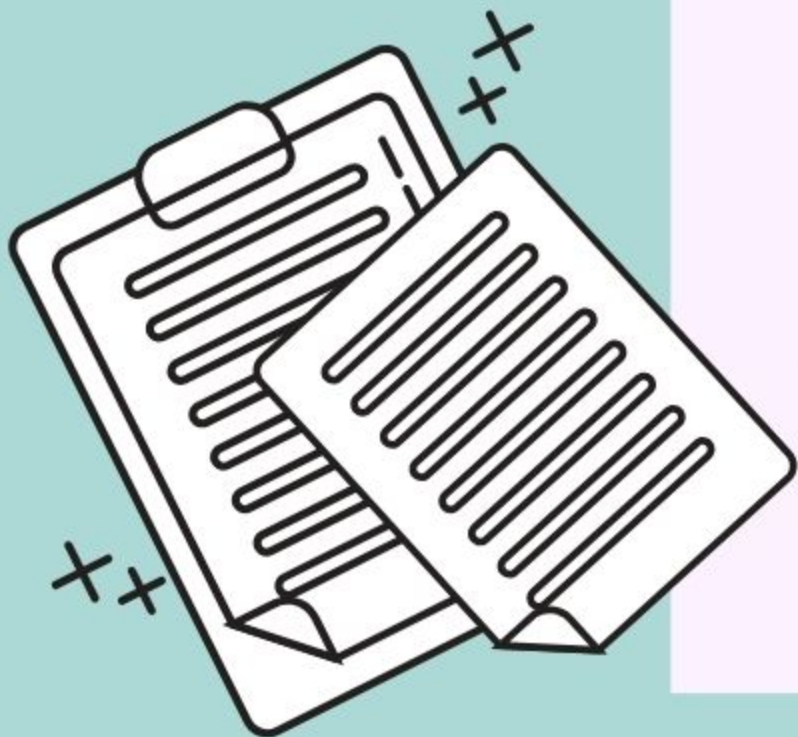
Would higher financial burden with MAR be linked with poorer quality of life, and through that poorer sexual well-being for the couple?

2

Would these links be different for the partner directly receiving MAR treatment?

n=120

We recruited 120
couples
undergoing MAR



Couples individually
answered **online**
questionnaires at 6-, 12-, 18-
and 24-month follow-ups.

WE FOUND THAT...

Higher financial burden was associated with **lower quality of life** and in turn associated with **poorer sexual well-being** in couples.

AND



the findings were the **same for both partners**, regardless if they were the one receiving MAR treatment or not.

So, what does all of this mean?

Yes, MAR is financially straining, but more importantly, this strain is associated with **poorer life quality** and a **poorer sexual relationship** with one's partner.



By being aware of these links between financial burden, quality of life, and sexual well-being, people can have **better relationships**, such as by **talking as a couple** about how the financial stress of treatment may be affecting their sexual relationship.



This is a summary of our published article:

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Blog post and infographic by: David Allsop and Lucy Coady