MODEL OF WOMEN'S SEXUAL DYSFUNCTION

Developing a theoretical model of sexual dysfunction for women.

Genito-Pelvic Pain Through a Dyadic Lens: Moving Toward an Interpersonal Emotion Regulation Model of Women's Sexual Dysfunction

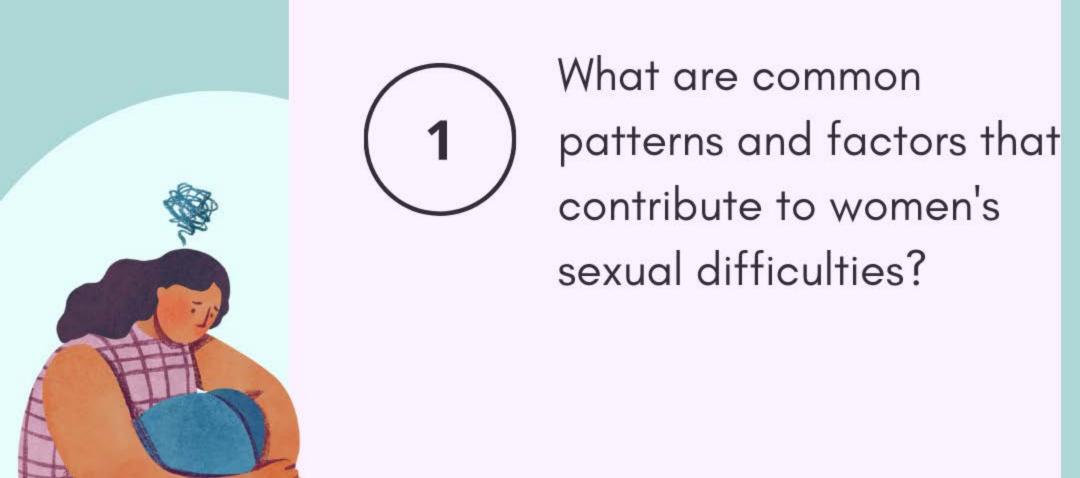
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Scroll to see what we found!

- 1/3 of women report sexual difficulty
 1/4 of women struggle with low sexual interest/arousal
- 35-45% of women have genito-pelvic pain with sexual activity

... So how do we model women's sexual dysfunction?

WE WANTED TO KNOW:



How can this be adequately modeled?

We reviewed previous research on women's sexual dysfunction.



We then outlined a new theoretical model of sexual dysfunction.

WE FOUND THAT...

An interpersonal model that accounts for dynamics within couples is a strong model of women's sexual dysfunction.

Far-back and recent factors influence couple emotion regulation, which affects couple outcomes.

So, what does all of this mean?

There is no one size fits all model of sexual dysfunction, but a strong working model of women's sexual dysfunction can help individuals with their sexual well-being.

A strong working model can :

- help identify areas that need further research.
- develop strategies to help couples cope with sexual difficulties.





This is a summary of our published article:

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