



The Childbirth Study Couples Addition

We are adding a couples portion to the study!

We are recruiting partners of women participating in the study to complete their own version of the surveys.

The Purpose

This new portion of the study will help us learn more about how pain in pregnancy and postpartum affects couples, and how they manage this issue together. We plan to use this information to develop better treatments and help couples cope with this common type of pain. Even if you are not experiencing pain, your contribution is valuable.

Your Partner When your child is 3-months, 6-months, 1-year, and 2-years old we will send your partner an online survey at the same time that you receive yours. These will take between 20 and 25 minutes to complete.

You We have added a few new measures to your surveys for the time-points your partner completes. They should take about 10 to 15 minutes to do.

What We are Asking You to Do

How We will Thank You

You We will increase your compensation from \$10 to \$15 in Amazon gift cards as a thank you for the additional contribution to our research.

Your Partner We will send your partner a \$10 Amazon.ca gift card every time he/she completes a survey.

You are welcome to complete the addition even if your partner decides not to participate, but your partner cannot do the addition alone. These additional measures are most beneficial to us when each member of the couple participates.

If you either of you decides not to do the couples measures, this does not affect your participation in the Childbirth Study and you will still receive your surveys as usual. At the beginning of the 3-month postpartum survey, you will have the opportunity to chose if you would like these couples measures.

We will contact you when your baby is 2-months old to see if you and your partner are interested, but feel free to contact us at postpartumpain@dal.ca anytime if you have any questions or would like to enrol early!